

AFTERGLOW AERIAL ARTS SCHEDULE - Sept 6th - Oct 30th

SUN	MON	TUE	WED	THU	FRI	SAT
The Tiny's Aerial Workshop 9:00 - 10:00am	Aerial Sampler 11:00 - 12:00pm	Virtual Splits 10:30 - 11:30am	Dance Sling 12:00 - 1:30pm	Dance Trapeze 10:00 - 11:30am	Rope 11:30 - 1:00pm	Virtual Intro to Contortion 8:45 - 10:15am
Kids Aerial 1 10:15 - 11:15am	Silks 1 12:00 - 1:30pm	Aerial Yoga 11:00 - 12:00pm	Beginners Lyra 1:30-2:30pm	Absolute Beginners Silks 11:30 - 12:30pm	Trapeze 1 1:00 - 2:30pm	Teen Absolute Beginner Silks 10:15 - 11:15pm
Absolute Beginners Silks 11:15 - 12:15pm	Open Gym 1:15 - 3:15pm	Lyra 1 12:00 - 1:30pm	Silks 1 2:30 - 4:00pm	Silks 1 12:30 - 2:00pm	Kids Aerial 1 4:00 - 5:00pm	Intro to Contortion 10:45 - 12:15pm
Aerial Conditioning 12:30 - 1:45pm	Beginners Lyra 3:00 - 4:00pm	Open Gym 1:15 - 3:15pm	Beginners Trapeze 4:00 - 5:00pm	Aerial Conditioning 2:45 - 4:00pm	Teen Silks 1 5:00 - 6:00pm	All Levels Dance Lyra 11:15 - 12:45pm
Teen Silks 1 2:00 - 3:00pm	Teen Absolute Beginners Silks 4:15 - 5:15pm	Beginners Sling 3:00 - 4:00pm	Virtual Handstand Conditioning 5:00 - 6:00pm	Kids Aerial 1 4:00 - 5:00pm	Teen Silks 2 5:45 - 7:00pm	Kids Lyra 12:30 - 1:30pm
Kids Aerial 1 3:00 - 4:00pm	Teen Silks 1 5:00-6:00pm	Kids Aerial 1 4:00 - 5:00pm	Silks 1 6:15 -7:45pm	Teen Absolute Beginners Silks 5:00 - 6:00pm	Silks 1 6:00 - 7:30pm	Open Gym 2:00 - 4:00pm
Kids Aerial 2 4:00 - 5:15pm	Silks 2 6:00 - 7:30pm	Teen Beginners Aerial Sampler 5:00 - 6:00pm	Absolute Beginners Silks 7:45 - 8:45pm	Silks 2 6:15 - 7:45pm	Teen Beginners Aerial Sampler 7:00 - 8:00pm	
Open Gym 5:00 - 7:00pm	Lyra 1 7:30 - 9:00pm	Teen Silks 1 (11-15 yr) 6:00 - 7:00pm	Lyra 2 8:15 - 9:45pm	Aerial Sling 7:45 - 8:45pm	Aerial Sampler 8:00 - 9:00pm	
Virtual Yoga 5:30 - 7:00pm	Handstands 9:00 - 10:15pm	Contortion 6:45-8:15pm	Silks 1 8:15 - 9:45pm			
Teen Lyra 6:45 - 7:45pm		Aerial Sampler 7:00 - 8:00pm				
Beginners Lyra 7:45 - 8:45pm		Absolute Beginners Silks 8:00 - 9:00pm				
		Dance Silks 8:30 - 10:00pm				